**What to do if your student is absent from school with Covid 19 or quarantining due to a Covid 19 exposure.**

* Students should check their classes It’s Learning page for daily assignments.
* Parent/Guardians and/or students should email their teacher for work.
* Students should log onto their teacher’s afterschool tutoring sessions. Tutoring times and dates are posted on the website. [Tutoring Hours - Heritage High School (rockdaleschools.org)](https://hhs.rockdaleschools.org/cms/one.aspx?portalid=139142&pageid=37541952)
* Students should log into their Instructional Focus (IF) to get extra help and work with the teacher.
* **IF Weekly Schedule**
* IF Time 11:15-11:35 am

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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Social Studies  Fine Arts | ELA | Math | Science  PE/Health | World Languages  CTAE  SEL |